



WHAT YOU SHOULD KNOW BEFORE YOUR PROCEDURE

IMPORTANT: Report any changes in your health (e.g. colds, fever, infections, injuries, cuts, etc.) to your surgeon and to North Shore Surgi-Center, at any time prior to your procedure.

Inclement weather may interrupt the surgery schedule. You should receive a call in the event that there is a change that affects you. If you are unsure, please call the Surgi-Center to confirm any changes in your scheduled procedure.

The **day before your procedure**, you will receive a call **after 1:00 p.m.** to inform you of the time to arrive, provide any preoperative instructions, and answer any questions. If your procedure is scheduled for Monday, you will receive a call the Friday before.

Please **DO NOT** wear contact lenses or any makeup, cologne or perfume the day of your surgery. Visitors are asked to refrain from wearing perfume or cologne. You should wear loose fitting clothing that is easy to change into after your procedure. Flat shoes are recommended.

For safety and security reasons, you will be required to present a photo I.D. and proof of insurance (if applicable) at the time of admission. You will be provided a locker for your clothing. **PLEASE LEAVE ALL OF YOUR VALUABLES (including all body-piercing jewelry) AT HOME. PERSONAL EFFECTS CANNOT BE CARRIED OR WORN IN THE OPERATING ROOM.**

It will not be safe for you to drive for 24 hours after procedure. For that reason, it will be **NECESSARY** for an **adult** family member or friend to **DRIVE YOU HOME**, and to **REMAIN** with you. You will be released from post anesthesia to your driving companion.

VISITORS are not permitted in the main recovery room unless it is a parent accompanying a child (14 years of less). Only one parent may stay with the child in the recovery room; however, both parents will be allowed in the progressive recovery area with the child.

Please arrive **PROMPTLY** at your scheduled time. If you are **DELAYED** for any reason **CALL** immediately, otherwise your procedure may be postponed or cancelled.

For your safety, please **DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE** (including water). If the patient is a child, please speak to a member of our staff concerning foods and fluids.

GET A GOOD NIGHTS REST THE NIGHT BEFORE YOUR PROCEDURE.